



HASELBURY PLUCKNETT CHURCH OF ENGLAND PRIMARY SCHOOL

Personal, Social and Health Education (PSHE)

Curriculum Overview

Intent

Through our PSHE curriculum, we aim to give children the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. Woven through the heart of our PSHE teaching, is a commitment to enhancing and promoting our core school Christian values: love, kindness, trust, patience, self-control, peace.

The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society. Additionally, our PSHE curriculum promotes the fundamental British values which reflect life in modern Britain: democracy; rule of law; respect and tolerance and individual liberty. Through the roots of our curriculum, personal empowerment, and preparation for adult life, we provide children with the knowledge they need to show respect to all members of their diverse communities

Through this PSHE curriculum, as well as throughout our wider curriculum, children are taught about safeguarding, including online safety. In addition, children are explicitly taught about personal boundaries, consent and communicating our boundaries with others. This prepares pupils for the challenges and responsibilities they will face in the future.

Implementation

At Haselbury Plucknett CE Primary School, we use the Kapow Primary PSHE scheme to support delivery of our PSHE curriculum.

The Kapow Primary PSHE scheme is a whole school approach that consists of three areas of learning in EYFS: Reception (to match the EYFS Personal, social and emotional development prime area) and five areas of learning across Key stages 1 and 2.

EYFS: <ul style="list-style-type: none">● Self-regulation● Building relationships● Managing self	Key stage 1 and 2: <ul style="list-style-type: none">● Families and relationships● Health and wellbeing● Safety and the changing body● Citizenship● Economic wellbeing
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Each area is revisited to allow children to build on prior learning. The lessons also provide a progressive programme. The lessons are based upon the statutory requirements for Relationships and Health education, but where our lessons go beyond these requirements (primarily in the Citizenship and Economic wellbeing areas) they refer to the PSHE Association Programme of Study which is recommended by the DfE.

Sex education has been included in line with the DfE recommendations and is covered in Year 6 of our scheme.

The scheme supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

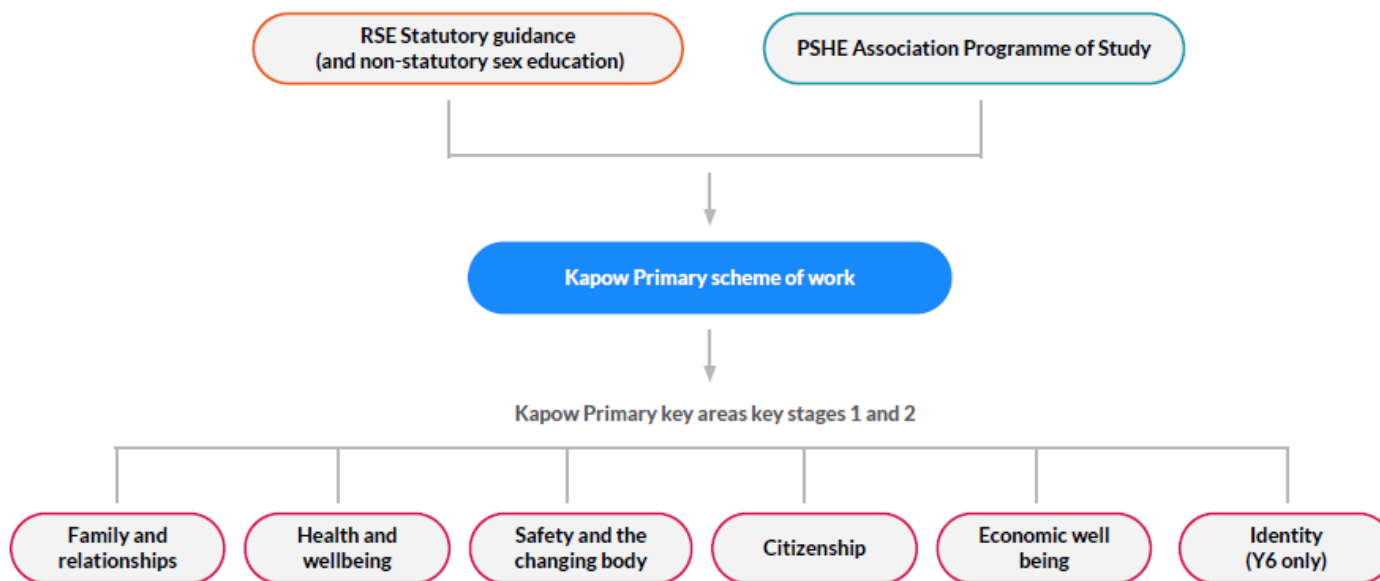
A range of teaching and learning activities are used and are based on good practice in teaching RSE/PSHE education to ensure that all children can access learning and make progress. In key stage 1 and 2, there is an introductory lesson at the start of each year group which provides the opportunity for children and teachers to negotiate ground rules for the lessons. These introductory lessons can then be referred to throughout the year to help create a safe environment. All lessons include ideas for differentiation to stretch the most able learners and give additional support to those who need it. Many lessons, stories, scenarios, and video clips provide the opportunity for children to engage in real life and current topics in a safe and structured way.

Role-play activities are also included to help children play out scenarios that they may find themselves in.

There are meaningful opportunities for cross-curricular learning, in particular with Computing for online safety and Science for growing, nutrition, teeth, diet and lifestyle.

The scheme provides consistent messages throughout the age ranges including how and where to access help.

How is Kapow Primary's RSE & PSHE scheme of work organised?



For further information on progression in knowledge and skills, as well as our long-term planning overview, please see Kapow documentation available on our website.