

Haselbury Primary School

School Dinner Menu: Spring Term 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	BEEF BURGER SO, SU	SAUSAGE CASSEROLE SAUSAGES, POT, MIXED VEG) G, SU, MI	COTTAGE PIE	HAM PASTA IN A TOMATO SAUCE G, MI	3 GOLDEN FISH FINGERS G, MI, FI
OPTION 2	VEGETABLE & BEAN BURGER	VEGAN SAUSAGE CASSEROLE SO	VEGAN MINCE COTTAGE PIE SO	QUORN PIECES PASTA IN A TOMATO SAUCE E	4 CRISPY VEG NUGGETS
OPTION 3	SALMON WHOLEMEAL QUICH G, FI, E, MI	JACKET & CHEESE, SIDE SALAD MI, G	MACCARONI CHEESE G, MI,	JACKET & BEANS, SIDE SALAD	HOT CHEESE PANINI G, MI
SIDES	SAUTE POTATOES & BEANS	CRUSTY BREAD & BROCCOLI G, SO, MI	VEG & GRAVY	BREAD ROLL & VEG G, MI	CHIPS, PEAS
DESSERT	Fresh Fruit	FRUIT CRUMBLE & CUSTARD G, E, MI	MOUSSE G, MI	ICED APPLE CAKE G, MI,	PANCAKES WITH SAUCE G, E, MI

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	4 Chicken Nuggets G, MI, C	MILD BEEF CHILLI MU	TOAD IN THE HOLE G, MI, E, SU	CHICKEN PASTA BAKE G, E, MI	FISH CAKE G, MI, MU, F
OPTION 2	4 CRISPY VEGETABLE NUGGETS	MILD VEGAN MINCE CHILLI SO, MU	VEGAN TOAD IN THE WHOLE SO, G, MI, E	QUORN PASTA BAKE G, MI, MU, E	VEGETABLE & BEAN BURGER
OPTION 3	WHOLEMEAL CHEESE & ONION QUICHE G, E, MI	JACKET & CHEESE, SIDE SALAD MI, G,	TOMATO 50/50 PASTA & VEG G, MI	JACKET & BEANS, SIDE SALAD	HOT CHEESE & BBQ SAUCE PANINI G, MI, E
SIDES	CRISPY POTATOES & BEANS	50/50 RICE & SWEETCORN	MASH POTATO & VEG (MIXED) GRAVY	VEG (CARROTS) BREAD ROLL G, MI,	CHIPS, PEAS
DESSERT	Fresh Fruit	FRUIT CRUMBLE & CUSTARD G, MI, E	JELLY	FLAPJACK O, SU,	RICE CRISPIE CAKE G, MI

ALLERGEN INFORMATION:

CONTAINING: (G) GLUTEN, (E) EGG, (MI) MILK, (C) CELERY, (F) FISH, (MU) MUSTARD, (SU) SULPHITES, (SO)SOYA, (N) TREE NUTS, (L) LUPIN, (SE) SESAME SEEDS, (O) OATS, (SM)SODIUM Metabisulphite, (B) BARLEY

Due to purchasing issues it may be necessary on occasions to offer suitable alternatives to those shown on the menu. A Gluten free or Dairy free alternative is available for those who require it. All options are served with the sides, unless highlighted

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	SAUSAGE ROLL G, MI	MILD CHICKEN CURRY G, MI, E, MU	ROAST CHICKEN	50/50 SPAGHETTI BOLOGNAISE G, MI	BATTERED FISH G, MI, F
OPTION 2	CHEESE & ONION ROLL G, MI, E	MILD QUORN CURRY E, G, MI, MU	VEGAN SAUSAGE SO	50/50 SPAGHETTI VEGAN MINCE BOLOGNAISE G, MI, SO	VEGETABLE & BEAN BURGER
OPTION 3	3 BEAN & VEG FAJHITA G, MI, MU	JACKET & CHEESE, SIDE SALAD G, MI	CAULIFLOWER CHEESE G, MI	JACKET & BEANS, SIDE SALAD	HOT CHEESE PANINI G, MI
SIDES	MASHED POTATO & BEANS	50/50 RICE & VEG (CARROTS & PEAS)	ROAST POTATOES & VEG, GRAVY (MIXED VEG)	BREAD ROLL & VEG (CARROTS) G, MI	CHIPS & PEAS
DESSERT	Fresh Fruit	FRUIT CRUMBLE & CUSTARD G, MI, E	CHOCOLATE MOUSSE MI, G	PANCAKES & SAUCE G, MI, E	AUSTRALIAN CRUNCH G, MI, E, B

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